

NEW WRITING
NORTH
YOUNG WRITERS

WRITING
FROM
HOME



Finding Your Feet

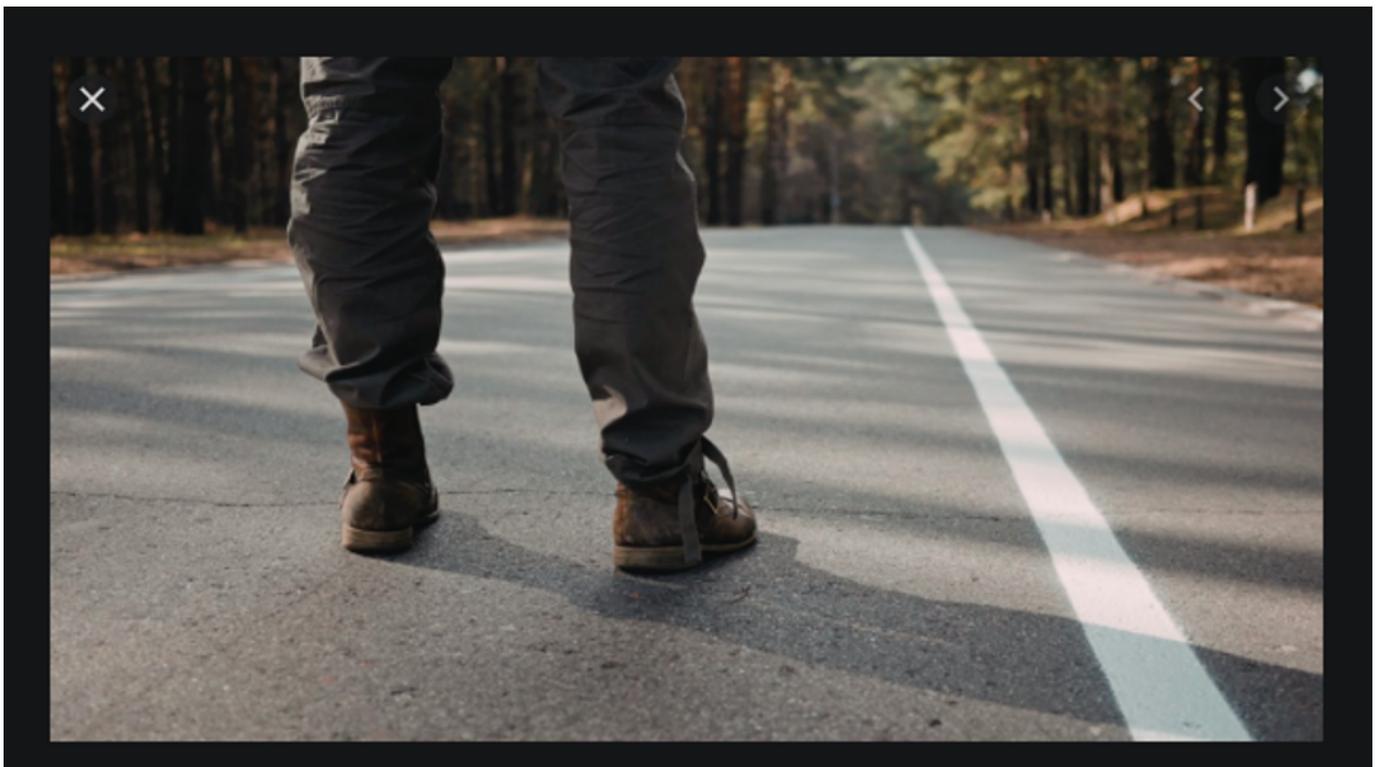
Hi there! Grab a pen and paper, and settle in to this tasty menu of writing activities. Share your work with us afterwards!

Warm Up:

Have a look at the photo of the feet below. Where do you think they are going? Where have they been? Who do they belong to?

Can you write a short story about what is going on in the picture? Perhaps the person is waiting for someone? Running away? Lost? Or something else?

You could do this from any perspective (first, second, third person.)



Give it a Try:

You can do this in bitesize chunks, or all in one go!

Stage One:

Take a piece of paper and a pen, and place your foot in the middle of it. Draw around your foot. Keep your shoe on for this.

Once you have your outline, take your shoe off and have a look underneath it. Observe the areas that are worn. Are there any pebbles or stones caught in the grips? What clues does it give us about where you have been, and how you walk? Perhaps your heels are especially worn – or the sides. Draw in the patterns of your shoes, plus any pebbles etc, on your foot outline.

Stage Two:

Now think about where your shoes have taken you. Have they been to the cinema? To the park? To Nanna's? Abroad? List these places, then choose one to write about. You could start with:

'My shoes took me to...', and go into a detailed, multi-sensorial* description of the place.

*describing the senses: smells, tastes, sights, touch, sounds.

Stage Three:

Now dream big about where your shoes might take you. As we are all isolating at the moment, this might be as simple as the park, or to your friend's house. But you could also cast your mind into the future – might they take you to Manchester? Mexico? The moon? Write a story or poem about this future journey, and don't forget to include multi-sensorial description!

Explore Further:

You might be tired after your journey from the previous section, so now snuggle up and enjoy this story about a journey, entitled *Through the Tunnel* by Doris Lessing:

<https://www.hasd.org/faculty/ThomasKraus/throughthetunnel.pdf>

This workshop was devised by Lucie Brownlee for New Writing North Young Writers.



Lucie is an award-winning writer, tutor, and blogger. Her work has been adapted for TV, selected by Richard and Judy for their Book Club, and selected in various competitions. She writes everything but poetry (but she'll give anything a go!)

New Writing North Young Writers is a programme for young people aged 12-19. We run creative writing groups, masterclasses and programmes in schools across the North East. We support young people to express their ideas, to work with professional writers and artists, to create and share new work, and to meet other young writers.

We would love to read your writing! Share it with us on social media using #writingfromhome or by emailing youngwriters@newwritingnorth.com. Search for New Writing North Young Writers on Instagram, Facebook or Twitter, where we will also be sharing regular writing prompts. Each week we will select a Young Writer of the Week whose work will be shared on our channels.

Find other writing workshops and much more on our website www.newwritingnorth.com

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